

- Athletes are to arrive no earlier than 15 minutes before their scheduled practice.
- Athletes must arrive with their bathing suits on under their clothes.
- Athletes, Coaches and Safety Personnel will enter the pool following the instructions from the facility, including following the one-way signage and participating in facility safety checks.
- Athletes will proceed to our warm up spot and wait, 2 meters apart for the practice to begin
- Athletes are required to stand in line, 2 meters apart for the temperature check.
- The risk manager or safety personnel will use a measuring tape to ensure athlete areas are 2 meters apart.
- Athletes and coaches will wash and/or sanitize their hands before the start of each training session.
- In a single file line, coaches will direct the athletes to their individual space on the pool deck where they will set up their equipment needed for the training session. This will be their personal zone for each training session (i.e., where they enter and exit the pool, take water breaks, etc. with at least 2m between athletes).
- The COVID-19 Risk Manager or Safety Personnel will place cones around the perimeter of the training zone and personal zones to prevent other facility patrons from walking through these spaces. The Risk Manager or Safety Personnel will be responsible for keeping others out of this space during training.
- Athletes will enter and exit the pool at their designated zones.
- Athletes, Coaches and Safety Personnel will pick up their bags and exit the facility following the posted signage