

# **Kelowna Dolphins Synchronized Swimming Club**

## **Code of Conduct**

To achieve our goal of creating a fun, safe and healthy atmosphere where every swimmer can work to accomplish their team and individual goals, all club members (coaches, swimmers & parents) agree to abide by the following Code of Conduct. It is intended as a guide for appropriate behavior for all members to follow while engaged in any club activity.

### **As a Dolphin I will:**

- Support, encourage, and treat all members of the club (coaches, swimmers, parents & facility personnel) with respect and kindness
- Use appropriate language, be polite and courteous at all times
- Remember that my behavior reflects on the entire Club
- **Promise to attend all MANDATORY Meets**
- Listen to, follow the directions of and show respect for coaches at all times
- Exhibit sportsmanlike behavior at all competitions – congratulate other athletes and respect their performances
- Follow the rules of facilities we practice in or compete at, clean up belongings, and act respectfully towards employees and patrons

\_\_\_\_\_  
Signature

### **As a Dolphin Parent I will:**

- Notify the registrar if my child has previously done synchronized swimming with another club
- Ensure my swimmer arrives and leaves practices and meets on time, making sure they have all of the necessary equipment
- Support, encourage, and treat all members of the club (coaches, swimmers, other parents & facility personnel) with respect and kindness
- Refrain from talking to the coach about my child or any other issue while the coach is either preparing for or coaching swimmers
- Speak to my child's coach first if I have an issue of concern and then turn to head coach if my concern has not been met to my satisfaction
- **Promise to ensure swimmer attends all MANDATORY Meets**
- Use appropriate language, be polite and courteous at all times
- Remember that my behavior reflects on the entire club and model sportsmanlike behavior at all competitions – congratulate other athletes, respect their performance and hard work and applaud for every routine
- Follow the rules of facilities we practice in or compete in, help swimmer clean up belongings and act respectfully towards employees and patrons
- For competitive parents:
  - Accompany my child to out of town meets or send a family member in my place
  - Pay the BC Synchro cancellation fees that will be incurred to the Club if for any reason (health-related or otherwise) my child does not attend a meet. I will be aware that this decision will impact the team that they are swimming with, the coaches and Club.

\_\_\_\_\_  
Signature

### **As a Dolphin Coach I will:**

- Arrive at least 10 minutes before the start time of practices and ensure swimmers are able to leave on time
- Be prepared and utilize training time effectively and efficiently
- **Promise to attend all MANDATORY Meets**
- Be prepared for meets – music, itinerary, packing list for parents
- Support, encourage, and treat all members of the club (fellow coaches, swimmers, parents & facility personnel) with respect and kindness
- Use appropriate language, be polite and courteous at all times
- Remember that my behavior reflects on the entire club
- Follow the rules of facilities we practice in or compete at, clean up belongings and act respectfully towards employees and patrons
- Model sportsmanlike behavior at all competitions – congratulate all coaches and athletes and applaud for every routine.

**I certify that we have read, understood and agree to follow the Code of Conduct.**

**Parent Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Swimmer Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_